



# Generations Newsletter

## March 2018

Goodbye Winter, Welcome Spring



Spring is one of the four conventional [temperate seasons](#), following [winter](#) and preceding [summer](#). There are various technical definitions of spring, but local usage of the term varies according to local climate, cultures and customs. When it is spring in the [Northern Hemisphere](#), it will be [autumn](#) in the [Southern Hemisphere](#) and vice versa. At the spring [equinox](#), [days](#) are approximately 12 hours long with day length increasing as the season progresses. Spring and "springtime" refer to the season, and also to ideas of rebirth, rejuvenation, renewal, resurrection and regrowth. [Subtropical](#) and [tropical](#) areas have climates better described in

terms of other seasons, e.g. dry or wet, monsoonal or cyclonic. Often, cultures have locally defined names for seasons which have little equivalence to the terms originating in Europe. Spring is the time when many plants begin to grow and flower.



## Never Stop Exploring Trip to The Cabot Science and Space Center

Generations visits the Chabot Science and Space Center in Oakland on March 28th, 2018. Tickets are \$15 dollars for resident admission. Please reserve a seat for your loved one before March 21st, 2018.

### Resident Birthdays:

Thomas "Tommy" Smith 3/1, Sylvia "Sue" Benjamin 3/28, Leon Newton 3/30

### Staff Birthdays:

Laura Perez 3/14 Starr Price 3/16

MARCH  
8/22



WHEELCHAIR  
AND/OR WALKER  
CLEANING  
**WITH JOHN & ALEX**

Thursday, March 8th  
&  
Thursday, March 22nd

11am-1pm

John Perdue-Pro, Generations Program Director  
Alexander Tilseth, Generations Vibrant Life Coordinator