Sunday Monday Tuesday Wednesday Thursday Friday Saturday December cont'd 31 10:00 W Lior's Music & **Be Adventurous** 10:30 O Meditation Circle **Drum Circle** 11:15 💓 Tea & Coffee Social Be Challenged 10:00 **Daily Chronicles** [2nd] [2FDR] 10:30 **Bible Study [2nd]** 1:30 **Culinary Creations [2FDR]** Be Connected 11:00 😭 Tea & Gossip 2:30 Afternoon Bingo 10:30 **Sunday Morning Stretches GARDENING CLUB WITH** 1:30 **Be Family** 2:45  $\bigstar$  Raise The Curtain 11:00 W Pianist & Vocalist with ALITA [2FP] **★** Be Inspired 3:30 Pappy Hour Social With **Aaron Hammerman** 3:30 **\( \sqrt{} \)** ScrapBooking Jessica [2FDR] 3:00 **Bowling Fun!** 6:15 **Walking Club [2nd] Be Social** Aromatherapy 6:30 W Evening Movie 6:30 Word Puzzle Challenges O Be Well 6:30 **Sing-A-Long [2FDR]** 10:30 💛 Nature Walk [1st] 10:00 CHUCK HARLINS 10:00 💓 Daily Chronicles 10:00 W Lior's Music & Drum 10:00 W Daily Chronicles 10:30 Aromatherapy & 10:30 O Morning Stretches 10:30 **Bible Study [2nd]** PROFESSIONAL 11:00 Artist to Artist/Nick [1st] [2FDR] 11:00 🛊 Expressive Design Relaxation [2FDR] Circle [2FDR] PHOTOGRAPHY PORTRAITS 10:30 Sunday Morning Stretches 11:00 W COFFEE & REMINISCING SOCIAL 11:00 💛 Chair Yoga Fitness with Karuna 11:00 W RESIDENTS MUSIC OUTING: "U.C. 11:00 Daily Chronicles [2FDR] 11:00 💛 Chair Yoga [2FDR] **OF GENERATIONS RESIDENTS & FAMILY** 11:00 W Pianist & Vocalist with Aaron **BERKELEY PRESENTS: UNIVERSIT** [2FDR] WITH JESSICA [2nd] 1:00 **derivation** Gen-Narrations 11:30 COFFEE & REMINISCING **CHORUS & CHAMBER MUSIC** 2:00 W Fashion "Flops" Through The Ages 11:00 Therapy Dog Visit W/ Magic 10:00 🛊 Meditation Circle 12:30 X RESIDENTS CHRISTMAS OUTING: 2:00 m Musical Arts SOCIAL [2nd] **CONCERT & LUNCH [LO]** 2:30 MANICURES [2FDR] 10:30 😿 Topic of the day discussion CHANTICLEERS THEATER PRESENTS: 2:30 MANICURES 1:00 W Humor Hour 1:00 io "LIVING THE DREAM" Event for 3:15 Afternoon Bowling [2nd] 1:00 😭 Joyful Noise 11:00 💓 Gen-Narrations "AN APPALACHIAN CHRISTMAS WITH 3:45 **Baking fun [2FDR]** 1:30 **GARDENING CLUB WITH** Tommy Smith 3:45 W Culinary Creations [2FDR] 1:30 **Culinary Creations [2FDR]** JOE ILO 1:30 Arts & Crafts:Leave Art 4:30 roets Corner 3:00 Tidying up our Garden [2FP] 1:30 **# Jewelry Making** 5:00 M PACIFIC BOYS CHOIR 2:00 O Aromatherapy & Spa Hour [2FDR] JEWEL [2FP] 2:00 **Sing-A-Long** 6:00 ♥ Art Expressions:Foam cup 3:00 **Bowling Fun!** 3:30 W Happy hour social 2:30 Afternoon Bingo PERFORMANCE [MDR] 6:15 **Walking Club [2nd]** 3:00 P The Price Is Right 4:00 W Gen-Narrations 4:00 🛊 Scrap booking Snowmen 3:00 Gardening with Jessica [2FP] 5:00 Pacific Boys Choir Performance [1st] 6:15 Walking Club [2nd] 6:30 **Word Puzzle Challenges** 3:30 M Happy hour social [2FDR] 6:30 **Evening Movie** 5:45 Table Tennis [2nd] 6:00 P Bulls-Eye Challenge 6:30 **Sing-A-Long [2FDR]** 10:00 W Daily Chronicles 10:30 Sit & Be Fit [2FDR] 10:30 COFFEE & 11:00 🚖 "Through Their Eyes " 10:00 **Daily Chronicles** 10:00 💓 Lior's Music & 10:30 💛 Balloon Volleyball REMINISCING SOCIAL 1:30 **Culinary Creations** 10:30 **Bible Study [2nd] Drum Circle** 11:00 Chair Yoga Fitness 11:00 💓 Art Expressions: 11:00  $\bigstar$  Jewelry Making WITH JESSICA [2FDR] [2FDR] 10:30 **Sunday Morning Stretches** with Karuna [2FDR] Wine & Canvas [2FDR] [2FDR] 1:00 SCENIC DRIVE/YURIANN 11:00 🌀 Now and Then - Embrace 2:00 Aromatherapy & Relaxation [2FDR] 11:00 W Pianist & Vocalist with Aaron 1:00 Word puzzle Challenges [2nd] 1:00  $\bigstar$  Travelogue 11:00 — Gen-Narrations [LO] 2:30 Afternoon Bingo Technoogy Hammerman 2:30 **MANICURES** 2:00 Afternoon Matinee 1:00 P Card club 1:30  $\bigstar$  Gen-Narrations 2:30 ROCKRIDGE CHORALERS MUSIC 1:00 W Gen-Narrations 1:00 **HOLIDAY CONCERT: CYS** 2:30 MANICURES 3:00 Gardening with Jessica [2FP] 1:30 W Humor Hour **CONCERT [MDR]** 2:00 **crafts:Garden Stone ORCHESTRA & WIND** 2:00 **Sing-A-Long** 2:30 WORLD DANCE FOR ALL/ 4:15 **Poets Corner** 3:30 W Happy hour social [2FDR] 2:30 CARDENING CLUB WITH ALITA SYMPHONY [LO] 2:00 **GARDENING CLUB [2FP]** 3:30 W Happy hour social LEIA CASH [1st] 5:30 **W VIEW STREET HOLIDAYS** 6:30 **Evening Movie & Popcorn** 3:00 X Art Expressions:Paint & Tea 6:15 **Walking Club [2nd]** 4:30 W "Girl Chat with Jessica" 3:00 Raise the Curtain [2nd] CAROLERS [MDR] Social 4:00 Arts & Crafts:Bookmarks 6:30 Word Puzzle Challenges 6:00 Evening Movie 6:30 **Sing-A-Long [2FDR]** 6:30 **Bulls-Eye Challenge** 6:30 **Evening Movie** 6:15 **Walking Club [2nd]** 10:30 ₩ Tea & Danishes 20 10:00 ♥ Meditation Hour 10:00 W Lior's Music & 10:00 W Daily Chronicles 10:30 Opening Hour [2FDR] 10:00 W Daily Chronicles 10:30 💛 Nature Walk 11:00 💛 Relaxation Retreat 11:00 🛊 Artist to Artist/Nick [2FDR] 10:30 **Bible Study [2nd] Drum Circle** Social [2FDR] 11:00 C Brain Games [1st] 1:00 SCENIC DRIVE/YURIANN [LO] 11:00 Therapy Dog Visit W/ Magic 10:30 Sunday Morning Stretches [2FDR] 11:00 Daily Chronicles [2FDR] 1:30 **Baking Christmas Cookies** 11:00 Chair Yoga Fitness with Karuna 1:00 **\( \sqrt{}** ScrapBooking [2FDR] 11:00 W Pianist & Vocalist with Aaron 11:00 P Card Club [2FDR] 1:00 O Afternoon Walk [1st] [2FDR] 2:00 P The Price Is Right 1:30 \( \mathbf{\pm} \) Christmas Card Making Hammerman 1:00 P Trivia Q & A Aromatherapy 2:00 1:30 **PIEDMONT ELEMENTARY** 3:00 😭 Gossip & Tea Hour 2:30 **MANICURES** 2:00 **Art History** 3:00 **Bowling Fun! SCHOOL HOLIDAY CAROLERS** 2:30 Afternoon Bingo 3:30 W Happy hour social 3:00 Refurbished Wine 3:00 Mhats That Scent!? 5:30 Y PARK DAY GRADE SCHOOL [VL1] 3:00 ★ Gen-Narrations 3:00 ★ Gen-Narrations 5:00 Resident Birthday's party/Todd HOLIDAY CAROLERS [MDR] 3:30 Hot Cocoa & Christmas **Bottles** 2:30 Afternoon Matinee 3rd floor 6:15 **Walking Club [2nd]** Haemmerle Guitarist & Vocalist 3:30 W Happy hour social [2FDR] 6:30 😭 Evening Movie Karaoke [2FDR] theatre 4:00 Table Tennis [1st] 6:30 Word Puzzle Challenges 6:30 **Sing-A-Long [2FDR]** 6:15 **Walking Club [2nd]** 2:30 **MANICURES** 6:00 **Bulls-Eye Challenge** 6:30 P Bulls-Eye Challenge 26 10:00 💛 Meditation Hour 10:00 Chair Yoga [2FDR] 10:00 **Daily Chronicles** 10:00 💓 Lior's Music & 10:00 **X Daily** 11:00 😭 Daily 10:00 💛 Sit & Fit [2FDR] 10:30 😭 Gossip Hour 10:30 **Bible Study [2nd] Drum Circle** Chronicles Chronicles [2FDR] 11:00 🌀 Lets Give It a Whirl [2FDR] WORLD DANCE FOR ALL/ [2FDR] **10:30** ♥ Sunday Morning Stretches 10:30 W Coffee, Donuts & [2FDR] 11:00 The Price Is Right 1:00 SCENIC DRIVE/YURIANN [LO] LEIA CASH [2FDR] 11:00 🗭 Christmas music Sing- A-11:00 W Pianist & Vocalist with Reminiscina [2FDR] 2:30 **MANICURES** 1:00 Table Tennis [5th] 2:30 Afternoon Bingo 2:00 **Sing-A-Long** Long **Aaron Hammerman** 1:30 **den-Narrations** 3:00 Cardening with Jessica [2FP] 3:30 Photo Reminiscing 3:30 W Happy hour social [2FDR] 2:00 **GARDENING CLUB [2FP]** 2:30 Whats that scent! 1:00 **deriver** Gen-Narrations 2:30 Afternoon Christmas 3:30 W Happy hour social Aromatherapy 4:15 **Poets Corner** 6:15 **Walking Club [2nd]** 3:00 **Bowling Fun!** 3:00 ★ Gen-Narrations **Movie & Popcorn** 6:30 **Sing-A-Long 2FDR** 4:15 Pard club 6:30 Word Puzzle Challenges 6:30 **Art Expressions** 6:30 W Evening Movie 6:15 **Walking Club [2nd]** 2:30 **MANICURES** 6:30 **Therapy Dog Visit** 6:30 **Bulls-Eve Challenge**