


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>4500 GILBERT STREET OAKLAND, CALIFORNIA 94611 510-658-9266</p>		<p>Location Keys</p> <p>1st Fl 2nd Floor Patio 5th Floor Main Dining Room Private Dining Room Vibrant Life Center 1st Floor VL1</p> <p>1st 2FP 5th MDR PDR</p>		<p> Be Challenged</p> <p> Be Connected</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>	<p>1</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>2:30 TRIVIA</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>2</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 FALL FOODS WITH FABIO</p> <p>3:00 QUIET THE MIND [5th]</p> <p>3:30 WINE AND CHEESE HAPPY HOUR</p> <p>6:30 MOVIE NIGHT</p>	<p>3</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>1:30 SWEET BINGO [2FP]</p> <p>3:30 HAPPY HOUR BEER & WINE</p> <p>6:30 SATURDAY NIGHT AT THE MOVIES</p>
<p>4</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 \$\$ BINGO \$\$ [2FP]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 CHAMPAGNE HAPPY HOUR</p> <p>6:30 SUNDAY NIGHT AT THE MOVIES</p>	<p>5</p> <p><i>NATIONAL DO SOMETHING NICE DAY</i></p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 VIRTUAL TOUR OR PERFORMANCE [VL1]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>6</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>7</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>2:30 FALL BAKING WITH VIBRANT LIFE</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>8</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>2:30 TRIVIA</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>9</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 WINE AND CHEESE HAPPY HOUR</p> <p>6:30 MOVIE NIGHT</p>	<p>10</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>1:30 SWEET BINGO [2FP]</p> <p>3:00 NEW RESIDENT WALKING AND WELCOME TOUR [1st]</p> <p>3:30 HAPPY HOUR BEER & WINE</p> <p>6:30 SATURDAY NIGHT AT THE MOVIES</p>	
<p>11</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 \$\$ BINGO \$\$ [2FP]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 CHAMPAGNE HAPPY HOUR</p> <p>6:30 SUNDAY NIGHT AT THE MOVIES</p>	<p>12</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 SCAVENGER HUNT INDIGENOUS PEOPLES DAY - START IN YOUR ROOM</p> <p>2:30 VIRTUAL TOUR OR PERFORMANCE [VL1]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>13</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>14</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>15</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>2:30 TRIVIA</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>16</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 FALL FOODS WITH FABIO [MDR]</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 WINE AND CHEESE HAPPY HOUR</p> <p>6:30 MOVIE NIGHT</p>	<p>17</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 HALLOWEEN DECORATING! [VL1]</p> <p>1:30 MATINEE MOVIE</p> <p>1:30 SWEET BINGO [2FP]</p> <p>3:00 NEW RESIDENT WALKING AND WELCOME TOUR [1st]</p> <p>3:30 HAPPY HOUR BEER & WINE</p> <p>6:30 SATURDAY NIGHT AT THE MOVIES</p>	
<p><i>NATIONAL CHOCOLATE CUPCAKE DAY</i></p> <p>18</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 \$\$ BINGO \$\$ [2FP]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 CHAMPAGNE HAPPY HOUR</p> <p>6:30 SUNDAY NIGHT AT THE MOVIES</p>	<p>19</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 VIRTUAL TOUR OR PERFORMANCE [VL1]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>20</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>21</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>2:30 FALL BAKING WITH VIBRANT LIFE</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>22</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>2:30 TRIVIA</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>23</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 WINE AND CHEESE HAPPY HOUR</p> <p>6:30 MOVIE NIGHT</p>	<p>24</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:00 ALZHEIMERS' WALK, 10AM-12PM.</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>1:30 SWEET BINGO [2FP]</p> <p>3:00 NEW RESIDENT WALKING AND WELCOME TOUR [1st]</p> <p>3:30 HAPPY HOUR BEER & WINE</p> <p>6:30 SATURDAY NIGHT AT THE MOVIES</p>	
<p>25</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 \$\$ BINGO \$\$ [2FP]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 CHAMPAGNE HAPPY HOUR</p> <p>6:30 SUNDAY NIGHT AT THE MOVIES</p>	<p>26</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 VIRTUAL TOUR OR PERFORMANCE [VL1]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>27</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>2:00 TOWN HALL MEETING WITH DEBORAH SAVOIE [MDR]</p> <p>3:00 HAIR TRIMS (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>28</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 BINGO! [2FP]</p> <p>2:30 FALL BAKING WITH VIBRANT LIFE</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 HAPPY HOUR!</p> <p>3:30 SEPTEMBER RESIDENT BIRTHDAYS CELEBRATED! [PDR]</p> <p>6:30 MOVIE NIGHT</p>	<p>29</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 EXERCISE WITH PAM [2FP]</p> <p>1:30 MATINEE MOVIE</p> <p>2:30 TRIVIA</p> <p>3:00 MANICURES (SIGNUP IN THE VLC) [VL1]</p> <p>3:30 HAPPY HOUR!</p> <p>6:30 MOVIE NIGHT</p>	<p>30</p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>10:30 RESIDENT STORE [1st]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 SUNDAY NY TIMES CROSSWORD PUZZLE TEAM SOLVE Led by Bob</p> <p>2:30 HALLOWEEN SCAVENGER HUNT</p> <p>3:00 QUIET THE MIND, QUIET THE BODY</p> <p>3:30 WINE AND CHEESE HAPPY HOUR</p> <p>6:30 MOVIE NIGHT</p>	<p>31</p> <p><i>HALLOWEEN</i></p> <p>VIDEO CALLS WITH FAMILY (SIGNUP IN THE VLC)</p> <p>10:30 DAILY CHRONICLES AND PUZZLES [VL1]</p> <p>11:00 MOVE AND GROOVE [2FP]</p> <p>1:30 HALLOWEEN CONTEST! [MDR]</p> <p>1:30 SWEET BINGO [2FP]</p> <p>3:30 HAPPY HOUR BEER & WINE</p> <p>6:30 SATURDAY NIGHT AT THE MOVIES</p>	