January 2021 Generations

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Vibrant life BE VIBRANT. BE YOU.	LOCATION Activity Room (Arts and Crafts Hour) Activity Room (Come and have a weekly check in with your neighbors and friends while drinking tea and eating snacks) Activity Room (Come check out everybodys favorite mind bender The Twilight Zone) Activity Room (Come play some mentally challenging games to work that brain!) Activity Room (Sing and move and do trivia with a group of your fellow residents) Activity Room (Small party) Activity Room (Watch the matinee of the day) Activity room (Arts and crafts) Back Patio (Come out back with us and listen to some nice tunes with a snack and some gardening) Dining room (Come and get your nails done by one of our wonderful caregviers) Dining room (Come and see a film with all of your fellow residents) Dining room (Daily chronicle) Dining room (Morning Stretches) Dining room (Watch the matinee of the day) Starting from Dining (Walking club)	LOCATION dining room (Nail Spa)	ACTIVITY LEGEND Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		1 9:00am Morning Exercise (Morning Stretches) 9:30am daily chronicle (Daily chronicle) 11:30am Walking Club (Walking club) 1:00pm Arts and Crafts Hour (Arts and Crafts Hour) 2:15pm Matinee (Watch the matinee of the day) 2:30pm New years party In the activity room (Small party) 6:30pm Movie Night (Come and see a film with all of your fellow residents)	2 9:00am Morning Exercise (Morning Stretches) 9:30am daily chronicle (Daily chronicle) 11:30am Walking Club (Walking club) 12:15pm Sing Fit (Sing and move and do trivia with a group of your fellow residents) 2:15pm Twilight hour (Come check out everybodys favorite mind bender The Twilight Zone) 3:30pm Mind Games (Come play some mentally challenging games to work that brain!) 6:30pm Movie Night (Come and see a film with all of your fellow residents)
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